

WASHINGTON HEALTH PROFESSIONAL SERVICES

A Confidential Program for Chemically Impaired Professionals

One out of ten health care professionals experiences a problem with drugs or alcohol over the course of his or her career. All too frequently, chemical dependency jeopardizes the practices and licenses, and ultimately the public.

Fortunately, chemical dependency is treatable. Appropriate an effective treatment can save a professional's career, license, and even his or her life.

Signs that may indicate a professional is experiencing problems:

- mood swings
- inappropriate behavior
- frequently days off for implausible reasons
- noncompliance with acceptable policies and procedures
- deteriorating appearance
- inconsistent job performance
- inadequate documentation
- unusual prescribing practices
- alcohol on breath
- poor judgement, concentration
- dishonesty
- missed appointments
- boundary violations

Washington Health Professional Services can help

Washington Health Professional Services is a voluntary, structured, supportive monitoring program designed to assist impaired practitioners into treatment and recovery.

The Program Includes:

- confidential consultation with the health professional, colleagues, or other concerned referring individual
- intervention consultation
- referral for evaluation
- · referrals for treatment
- · coordination of resources
- monitoring of participation and compliance
- encouragement and support
- · education and outreach

Washington Health Professional Services offers an individualized program and provides a cost-effective approach to recovery from chemical dependency.

DOH 669-199 (REV 4/2000) Page 1

Confidentiality

All requests for information or consultation are held in the strictest confidence. Washington Health Professional Services records are protected under RCW 18.130.175.

Referrals

Self referrals aid early entry into treatment and recovery and are treated confidentially.

Health Professionals may be directed to the program by colleagues, friends or family members. Referrals are also commonly made by professional associations, colleagues, disciplining authorities, agencies, and institutions, such as schools and hospitals. Early intervention increases consumer protection.

We would like to hear from you. Please contact:

Washington Health Professional Services P.O. Box 47872 Olympia, WA 98504-7872 (360) 493-9220 FAX: (360) 664-8588

In cooperation with the following Associations:

American Massage Therapy Association	206-517-9020
Chemical Dependency Board	509-725-0033
National Association of Alcoholism & Drug Abuse Counselors	1-800-548-0497
National Association of Social Workers Washington State Chapter	1-800-864-2078
Respiratory Care Society of Washington	360-299-1300
Washington Mental Health Counselors Association	206-269-0411
Washington Society of Radiologic Technologists	1-800-953-0232
Washington State Chiropractic Association	260-364-6628
Washington State Dental Association	1-800-562-1240
Washington State Dental Hygienists' Association	425-771-3201
Washington State Nurses Association	206-443-9762
Washington State Psychological Association Psychologists'	
Support Program	206-328-1021

The Washington Health Professional Services Program provides services without regard to race, color, creed, religion, national origin, sex, sexual orientation, age, marital status or disability in accordance with our policies and applicable federal and state statutes and regulations.

DOH 669-199 (REV 4/2000) Page 2